**Learning Log: Think about data in daily life**

**Instructions**You can use this document as a template for the learning log activity: Think about data in daily life. Type your answers in this document, and save it on your computer or Google Drive.

We recommend that you save every learning log in one folder and include a date in the file name to help you stay organized. Important information like course number, title, and activity name are already included. After you finish your learning log entry, you can come back and reread your responses later to understand how your opinions on different topics may have changed throughout the courses.

To review detailed instructions on how to complete this activity, please return to Coursera: [Learning Log: Think about data in daily life](https://www.coursera.org/learn/foundations-data/supplement/yW748/learning-log-think-about-data-in-daily-life).

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| **Date:** 03/11/2023 | **Course/topic:** Course 1: Foundations: Data, Data Everywhere |
| **Learning Log:** Think about data in daily life |
| **Everyday data** | Create a list of at least five questions:  1. What’s the best time to go to the gym?  2. How does the length of your commute to work vary by day of the week?  3. How many cups of coffee do you drink each day?  4. What flavor of ice cream do customers buy?  5. How many hours of sleep do you get each day? |
| **Reflection:** | Write 2-3 sentences (40-60 words) in response to each of the questions below. |
| **Questions and responses:** | Now, select one of the five questions from your list to explore.  *Selected question*: *What’s the best time to go to the gym?*   * What are some considerations or preferences you want to keep in mind when making a decision?   *Not too busy*   * What kind of information or data do you have access to that will influence your decision?   The amounts of people in the gym when I get there at different time   * Are there any other things you might want to track associated with this decision?   *Is there anyone who uses similar fitness equipment as me?* |